

Report-Webinar on “YOGA for Better Life”

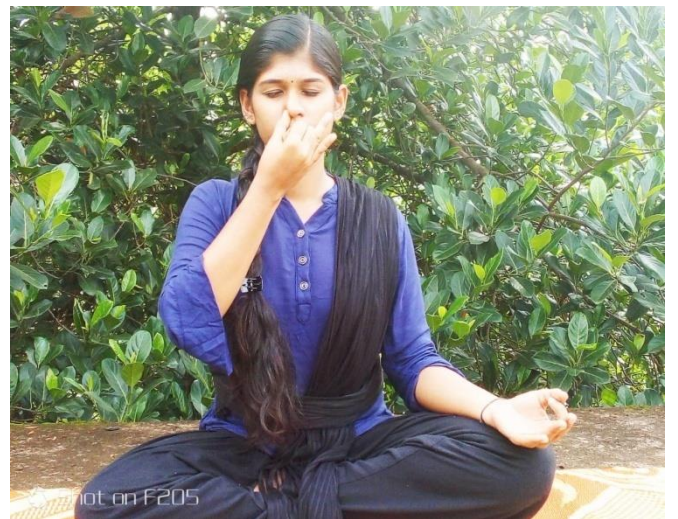
Venue: Seminar Hall

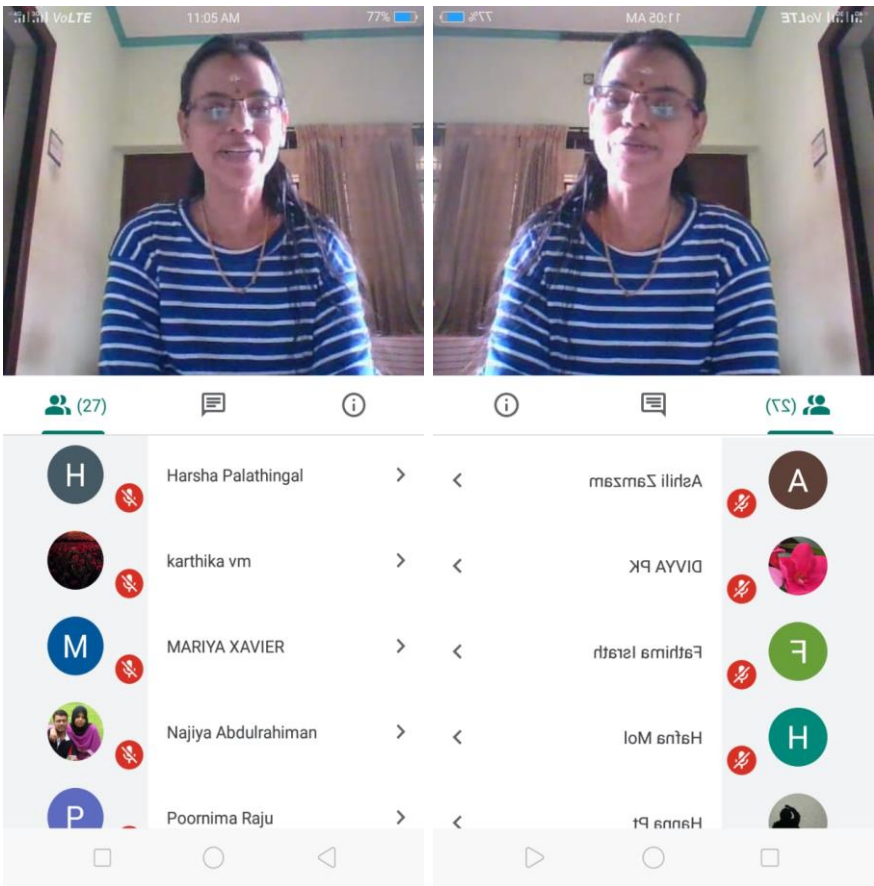
Date : 23/06/2020

Time: 10. 30AM -11.30AM

A ISF (IETE STUDENTS' FORUM) in association with Women's club RCET, organized a webinar on **“YOGA for Better Life** on 23/6/2020. The webinar was conducted in connection with International Yoga day which is celebrated on 21st June. The session was handled by professional yoga trainer Ms. Sheeja Krishnan (M.Sc in Yoga, Yoga Siromany, Govt. certified teacher). The webinar started with a prayer and continued with a welcome address by Dr. Devi Balakrishnan, Principal In Charge, RCET. She also gave a brief account on the importance of Yoga in day to day life. Webinar was conducted in Google meet platform. The practical yoga session maintaining 'social distancing' was also included in the webinar. 27 members including lady faculties and students from various department of RCET participated in the webinar. The one hour session was co-ordinated by Ms. Radhika E R (ISF staff co-ordinator) and Ms. Savitha V (Women's club staff co-ordinator), Asst. Professors of ECE department, RCET. Ms. Sreeshma J, S4 ECE student delivered vote of thanks and the session came to an end at 11.30 AM.







Report-Webinar on “Women in Cyber security”

Venue: Seminar Hall

Date : 26/08/2020

Time: 11. 00AM -12.00 Noon

ISF (IETE STUDENTS' FORUM) – RCET in association with Women's club RCET, organized a webinar on “**Women in Cyber security** “ on 26/8/2020, in connection with Women's equality day which is celebrated on 26th August. The session was handled by Mrs. P B Babitha ,Chief Information security Officer ,Catholic Syrian bank .The webinar started with a Welcome speech by Sanju Thasneem ,Student Member, IETE-ISF RCET. Dr.Devi V, Principal ,RCET addressed the attendees . She also gave a brief account on the importance of Women's Equality in the society. Webinar was conducted in Google meet platform. 206 members including students from IETE-ISF and women's club RCET , various faculty from departments of RCET and Other colleges participated in the webinar. The one hour session starting from 11.00 am was co-ordinated by Ms.Radhika E R (ISF staff co-ordinator) and Ms.Savitha V (Women's club staff co-ordinator). Ms. Hanna – Student member of Women's club ,S5 CE delivered vote of thanks and the session came to an end by 12.15 PM.

